

Sacred Heart Parish Newsletter - 9th Week in Ordinary Time 2020

Today is the feast of Pentecost. The disciples were in lockdown, isolated and imprisoned in their fear. The Spirit of God gave them the courage to go out and proclaim the Good News of redemption, of a new relationship with God and new life in the world. Today we celebrate the superabundance of God's presence given to mankind in an eternal embrace.

Churches will open in the near future! That is the recent message from our bishop. The diocese is providing guidelines as well as practical help to make this a reality. We will not be able to gather for Mass just yet but at least we will be able to enter the church, perhaps light a candle and pray before the Blessed Sacrament.

From Katie Maidment: Sincere thanks to everyone who has made donations in memory of Bob. The final total will be announced when the online donation platform [via Ivan Fisher Funeral Home] closes on 15th June. This will also include any donations made in tribute via the Support Cambodia website.

Marie-Madeleine Kenning from our diocese has recently produced a book on Cambodia: '*Then the Khmer Rouge Came: Survivors' Stories from Northwest Cambodia, a memoir*'. It will be published at the end of June but you can pre-order a copy by contacting her on: mariemadeleinekenning@gmail.com

Remember to pray for our sick parishioners: Maria Wilby, Matt Butler, John Gowing, Tom Ender, Derek and Frances Palman, Kevin Fitzmaurice, David Battigan, Graham Burdett and Mary Carr.

We remember those whose anniversaries occur at this time: Matthew Johnson, Peter Cameron, Lilian Brailsford, Albert Gurney, Grace Butler, Russell Skipper and Ann Edwards.

Churches Together in North Walsham have put together an ecumenical service for Pentecost Sunday. This is the link: <https://protecteu.mimecast.com/s/GDhyCX6gMuBqRjVH6WClr?domain=youtube.com>
Father James

I spent far too long Googling images of Pentecost this afternoon (Saturday) and came across the most stunning paintings, mosaics, stained glass etc., but this one had the most energy of them all. I had forgotten just how surprised and responsive the children were when we used it at school at this time of year. **Fran**



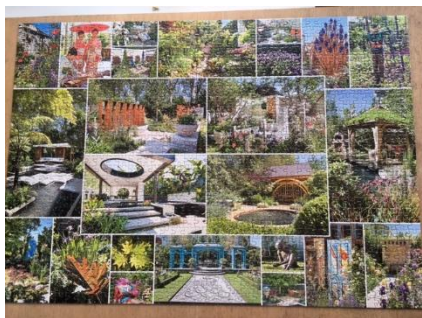
Clare H: I'm at the moment doing a cycle ride for Help Refugees to raise funds particularly for people stuck on the Greek Islands and wondered whether you thought it appropriate to put the link in the newsletter if anyone wanted to donate a few pounds. Thanks so much. Best wishes Clare

"I aim to cycle 100 miles to raise funds for refugees facing the threat of COVID-19 whilst living in some of the world's worst camps. Every penny raised will help our partners on the ground step up their support for medical services and sanitation, and continue to provide essential food, shelter and so much more. Thank you!"

<https://donate.helprefugees.org/supporters/around-the-world-in-40-days/791/>

Tel: 01603 897609

Delia says she would like to thank Fr James and everyone behind the scenes for all the good work they are doing in keeping the parish alive. She sends her love to everyone.



Thank you to whoever left the RHS Chelsea Flower Show jigsaw at church. Seemed the appropriate choice and I expect it was a lot less crowded than the real thing! I very much enjoyed doing it, though it took me longer because my jigsaw buddy has gone back to France and Mike isn't one for jigsaws!
The puzzle is back in church along with a table of books, dvds and other puzzles. Please do go and help yourself! **Fran**

Ian and I were surprised to see a hedgehog in the wilder part of our garden this week. It had ambled into our neighbours' patch when I took a photo. Hope to get a closer shot next time!

We have two bee orchids. Our neighbour has found nine on his side! Photos next week! Happy gardening everyone. Love from Pauline and Ian xx



Pat (spotted in the Co-op) says thank you to Wendy – your tip worked!

"During lockdown one of the (many) places that I missed visiting is the Norfolk Wildlife Trust reserve at Hickling Broad. This is a wonderful, large area immediately adjacent to Hickling Broad and comprised of extensive reed beds with some broad-leaf woodland. In recent years it has become famous for the colony of common cranes, and possibly more about that next week.



But for this week's newsletter I want to show you another celebrated inhabitant of Hickling and that's the Bearded Tit, and also something I learnt about them this week. Bearded tits are reed bed specific. The first photo is the classic pose of a male bearded tit clinging to a reed and the drooping black



'moustache' for which they are named is clearly visible. I remained in the same area for a while and caught glimpses of some young bearded tits rummaging around near the base of the reeds and eventually was able to get a few photos. What surprised me on a closer look was that one of the youngsters had 'white' eyes and another had 'black' eyes (see photo). Initially I wondered whether I had perhaps photographed a bearded tit with some other species, but on searching through my bird books I found the explanation. As juveniles, the female has a black iris and the male white. As they mature the iris of the female becomes whiter until there is little if any difference in the eye colour between the sexes - as they say, one learns something new every day!" **David**

(David also sent me the pdf of a calendar he made for his family this year. It is full of fabulous photos of birds. I will be attempting to forwarding it to everyone in an email – thanks David!)



Following the sad and unexpected death of Bob Maidment, we thought you might wish to know the latest position regarding the future of Support Cambodia.

At a special Trustee meeting on Wednesday 27th May, it was unanimously decided that the charity WILL continue, albeit with some changes in operation and focus. Details of these changes will be discussed over the next few weeks and we will keep you fully informed with a further update towards the end of June.

Thank you for "Supporting Cambodia" for the last five and a half years. We very much hope you will continue doing so as we move into a new phase.

Best wishes,

Katie



The first of this year's crop of poppies. I usually have lots of seeds, though I cannot guarantee that they'll be this shape, size, colour....
We're both well and missing our friends in Jesus.
God bless us all.
Michael and Monica

Pauline A

"Thought I would forward Fr. Pat's email as it is good to know what parishioners and priests get involved with in a heart of London parish – including persuading Pepsicola company to change their use of palm oil!!! (I am forwarding Pauline's email including the pdf of Fr Pat's newsletter in a separate email - Fran.)

I haven't watched the 'Pentecost' video yet but folk may like to try the link.

<https://christian.art/videos.php>



Pentecost

Unless the eye catch fire,
The God will not be seen.
Unless the ear catch fire,
The God will not be heard.
Unless the tongue catch fire,
The God will not be named.
Unless the heart catch fire,
The God will not be loved.
Unless the mind catch fire,
The God will not be known.

(William Blake)

Ed is sending some of us daily quotes. Here is today's:

"Pray for eyes that see the best, a heart that forgives the worst and a mind that forgets the bad."
(Archbishop Young)

We pray for our community – those who are ill, at home or in hospital, and those who care for them, those who are alone or lonely, those who are finding the lockdown hard.

Thank you to everyone who has contributed to the newsletter, and to those passing it on.

Fran and Mike xx