

Sunday and Weekday Masses begin next weekend!

The Government has announced that communal acts of worship will be allowed in our churches from Saturday 4th July. Members of the Parish Pastoral Council met on Friday to discuss how best we can follow the guidelines from our bishops so that Masses in our three churches can be celebrated safely and responsibly.

Although social distancing has been reduced from two metres, it will not be possible for everyone to attend Mass safely. So, we are going to organise, on an experimental basis, a system of bookings, rather than turn people away at the church.

John Bolger, as parish pastoral assistant, has agreed to be the contact person for all three churches. If you wish to attend Mass at any of our churches you will need to book a place (or two for couples) with John, either by email or by telephone. He can be contacted on 01692 581516 or 07526 369318 (mobile) or by email: bolger@waitrose.com. A table showing spaces still available at each Mass will be kept up-to-date, and available on the “Mass Times” page of the parish website.

The Sunday obligation has been dispensed until further notice. This means that if you cannot attend Mass on a Sunday, then a weekday Mass will count as your weekly Mass.

When you arrive at the church hand cleansers and face masks will be available. A steward will show you to your place. Further practical details will be given during Mass.

It is going to take a while to get used to a different way of celebrating Mass. It will be a great joy to be able to meet and pray together. I am sure we can iron out any problems with patience and good humour!



Remember to pray for all our sick parishioners: Maria Wilby, Matt Butler, John Gowing, Derek and Frances Palman, Kevin Fitzmaurice, David Battigan, Graham Burdett and Mary Carr.

We remember those whose anniversaries occur at this time: Anthony Thornton, Iris Sherry, Margaret Lamb, Francesco Caffarelli, Ellen Platton, Kathleen Ives, Nancy Flatley, James Metcalf, Patricia Bolton, Selma Mortimer & Martin Wood.

Father James

The following additional information is posted on the HOME page of the parish website:

- There will be no congregational singing during the service.
- A one-way system will be in place including receiving communion.
- Whilst there will be no offertory collection as such, there will be collection buckets on arrival and exit.
- We appreciate that not all members of our community will feel comfortable being in a relatively crowded environment, so all three churches may possibly remain open after each Mass for one further hour for private prayer – this is to be confirmed.

We have taken the decision to open the church for private prayer this coming week as planned, but may well discontinue this practice after next weekend.

Volunteers for Opening the Church for the Week Ahead

Monday 29 th June		Thursday 2 nd July	
10am – 11am	Pat and Andrew	2pm-3pm	Roma and Cathie
11am – midday	Frances and Carmen	3pm-4pm	Pauline

We need one more volunteer to cover the 3-4pm slot on Thursday – please let Fran know if you are available.

So – things to consider:

- Do we want to offer the extra hour for private prayer on Friday and Sunday mornings, and/or do we want to continue to offer the Monday and Thursday sessions?
- It maybe we could just offer the Monday morning or Thursday afternoon, rather than both.
- A very small number of parishioners have used the opportunity for private prayer so far.
- If we open the extra hour, we will need volunteers to man the church.

Please let us know your feelings, and then, if you are happy, Mike and I will see what the tide of opinion is and make a decision along with our PPC reps and Fr James. Please get in contact – preferably by email – as soon as possible so that we can reach a decision in time for the weekend.

In the meantime – our church is set out for Mass. We have put chairs out in order to maximise capacity. While we have put them out individually, there is the option for moving chairs into couples while not compromising the 1m social distancing guidelines. We have also designated the choir loft for couples and family groups. We will adapt this system once we have tried it this coming Sunday.

There is seating for 29 in the body of the church, plus 2(or more if couples) by the altar.

It is hard to know how many seats will be available in the choir loft until we know how many family groups/couples/individuals we need to direct up there.

We do not know the number of people who are in the extremely vulnerable or shielding categories and have no idea how many will choose to book places – we may well have plenty of space!

The church needs cleaning again. Please can you let me know (01263 734445/07849 602227/email) if you are available to help out this Friday (July 3rd) at 10am.

There is a lot to think about and, undoubtedly a lot of questions will arise.

I will send next weekend's newsletter out on SATURDAY and it will include any last-minute updates.

Please also check for emails during the week ahead!

Survey

Help is needed to get as many Catholics as possible in England, Wales and Scotland to take part in the 'Coronavirus, Church & You' survey. We want to find out how Catholics have been coping and what impact the crisis has had on people's faith and their attitudes towards the Church. When the findings of this survey are released they will be a vital resource in the discussions about the future of the Church post lockdown. Please fill in the survey, which is available online only, on

https://yorks.je.qualtrics.com/jfe/form/SV_benDelzrnXlmlGR

Further information and preliminary results are available on:

<https://www.churchtimes.co.uk/articles/2020/26-june/comment/opinion/coronavirus-church-you-survey-an-in-depth-look-at-the-preliminary-results>

The survey will remain open for only another week or so.

From the 'i' Newspaper – June 22nd (Sam Hall)

The Pope said in an interview on the Today programme on BBC Radio that the pandemic “is affecting us all, rich and poor alike and putting a spotlight on hypocrisy”. He added: “I am worried by the hypocrisy of certain political personalities who speak of facing up to the crisis of the problem of hunger in the world but, who in the meantime, manufacture weapons.”



The head of the Catholic Church also said that the pandemic presented an “opportunity” to challenge rampant consumerism and combat climate change: “Today I believe we have to slow down our rate of production and consumption and to learn to understand and contemplate our natural world.”

He added: “I see early signs of an economy that is more human. But let us not lose our memory once all this is past. This is the time to take the decisive step to move from using and misusing nature, to contemplating it.”

Pope Francis also criticised how present society disempowers the poor and said that to “restore their humanity”, people need to see the poor as “people” rather than as “part of the landscape”.

News from Svay Sisophon – An Extract from an email from Fr Greg to Katie



With regard to the picture of Bob, I printed the picture of Bob with the pipe for our Requiem Mass for him last time.

I put the picture in the office. I will put a small sign on the door: Bontup lok Bob.

No school yet. But I called the students of grade twelve to come to Sisophon for private study. They stay outside the centre. Every Saturday they with have common activity: jogging together in the mountain, pray rosary or mass, or meditation on the top of the hill,

breakfast, cleaning the centre, mass at 11.00, lunch. They are very happy with the activities. Some students visited the centre because they missed their friends and the life in the centre. Sunday Mass is online, held in Sisophon and Poipet alternatively.

Message from Katie

Ivy Cottage garden looking lovely under the sun. If anyone fancies a walk round (and a cuppa), please come. It's only 15 minutes (max) from Aylsham, so you won't need an overnight bag - but please phone/text ahead in case I'm out. Satnav: N11 7ND



I have completed my cycle for Help Refugees and cycled 200 miles and raised £720 so many thanks to all who supported me. In total Help Refugees have raised a staggering £91761 and still another week to go to make their target of £100,000 and the miles clocked up by all the participants - 49593 which is 1.99 times round the world. I have now been able to take my bike in for repair as have been cycling on only 3 out of 21 gears - thank heavens there aren't too many hills around here. **Clare H**



The willow in our front garden was leaning too far, so it was dropped, by dint of trimming and heaving. And then... to be continued. Love to all. **Michael & Monica**



Monday - Hello. We have just come back from our walk and picnic.

Went to Erpingham and walked on Thwaite Common. Lots of wild flowers including orchids and Ragged Robin. Well worth a visit on a sunny day. **Pauline and Ian**



News from **Clare G**

Amelia (Clare and Tony's daughter) and Ash have been approved as foster parents! Their hard work has paid off.

Who said paddling pools were just for kids? Neither kitten has been brave enough to take a dip yet, but we're sure they'll regret it if they do! Peter and Percy



are just loving being back outside together again after Percy broke his leg on VE day and has spent the last 6 weeks in his own lockdown confinement!

Clearly now Jacob and Sofia have got to share their paddling pool with their furry friends. **Maria**

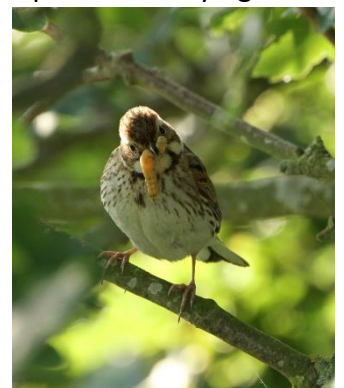
When I took John Gowing the newsletter last week, I actually saw him and had a chat. He keeps very cheerful. He was pleased that Mary's anniversary was in the newsletter and sends good wishes to everyone. **Pauline**



During the week I made one early morning visit to NWT's Hickling Broad reserve. I arrived shortly after 6am, no-one else there, I had the entire reserve to myself and it was a gloriously warm sunny morning. Just a few minutes after arriving I saw a bit of movement in some trees and was close to dismissing it as probably just a couple of pigeons. Fortunately, I had a quick look with the binoculars and was delightfully surprised to see two young Tawny Owls. You can see in the photo that they have not yet acquired their full adult plumage though they had no problem in flying off when I got a bit closer to them.

Further on, there was all sorts of bird activity (warblers) in the reed beds, and then a muntjac came ambling down the path to within some 20 yards before realizing I was there - then scampered off in a hurry. But the other photo I am attaching this week is of a female Reed Bunting with a nice juicy caterpillar and almost certainly for some youngsters in a nearby nest. We are so fortunate to have such wonderful wildlife so close to hand.

I left Hickling a little after 8am and there were still no other vehicles in the car park - I really had had the entire reserve to myself. **David**



Wendy had an e-mail from Shirley Barber, the co-ordinator of our Christmas Shoebox campaign. She wants to let everyone know that the Christmas Shoeboxes will go ahead this year, despite not being accompanied abroad by the volunteers as usual. She said "keep knitting". I assured her that Daphne at least is well on with hats and scarves! At the beginning of lockdown, I started a multi-coloured striped scarf but have to say I am still on the first stripe! With all this gardening, morning walks, communicating, organising food deliveries, etc. we seem to be busier than usual. Are all those first-time veg gardeners harvesting anything yet? We have been getting lettuce, spinach, peas and broad beans along with welcome strawberries and raspberries. Still watching the red peppers and the huge potato plants with a view to tipping out a container to celebrate Peter's Birthday next month. Love to everyone and keep watering!

Please pray for....

- **Tony and Diana Shaw** have requested prayers for their son **David**, who is having a very tough time healthwise at the moment.
- **Teresa Shreeve** also needs our prayers – she has an eye 'procedure' at hospital next week.

Please remember all those in our community who are ill and those who are taking care of them; those who are alone or missing the company of friends and family; those who are sad and in need of strength and comfort. We continue to remember Bob and Ian in our prayers, as well as Katie and Kay.

**“Prayer at its best is when it’s simple.
So speak to your heart,
to the God who loves you
and allow Him to reassure you with His peace.”**

(Archbishop John Wilson – Archbishop of Southwark)



Smiling Is Infectious
by Spike Milligan

Smiling is infectious,
you catch it like the flu,
When someone smiled at me today,
I started smiling too.

I passed around the corner
and someone saw my grin.
When he smiled I realized
I'd passed it on to him.

I thought about that smile,
then I realized its worth.
A single smile, just like mine
could travel round the earth.

So, if you feel a smile begin,
don't leave it undetected.
Let's start an epidemic quick,
and get the world infected!